

LIVING MULCH	CROP TO PLANT IT NEAR	ADDITIONAL BENEFITS
<b>White clover</b> ( <i>Trifolium repens</i> , Zones 3–10)	<b>Blueberries</b> ( <i>Vaccinium</i> spp. and cvs., Zones 3–9)	White clover fixes nitrogen and grows quickly after being mowed.
<b>Yellow mustard</b> ( <i>Sinapis alba</i> , annual)	<b>Summer squash</b>	Yellow mustard has been shown to increase squash yields and decrease certain pests and diseases.
<b>Cucumbers</b>	Taller vegetables such as <b>tomatoes</b> or <b>eggplants</b>	Cucumbers exude allelopathic chemicals to help suppress weeds.
<b>Crimson clover</b>	<b>Cole crops</b>	Crimson clover forms a thick mat and supports beneficial insects.