

# Maintaining and Improving Soil Health Webinar

## with Kirsten Kurtz - Handout

### Further learning:

<https://finegardening.mykajabi.com/sustainability-in-the-garden>

Maintaining Healthy Soil – Collection

<https://www.finegardening.com/collection/maintaining-healthy-garden-soil>

<https://www.finegardening.com/article/the-four-things-you-need-to-know-about-soil-ph>

Kirstens article in Fine Gardening [Issue #226](#) – *Soil Care for Challenging Circumstances*

<https://www.finegardening.com/article/soil-care-for-challenging-circumstances>

### Resources:

Cornell Soil Health Lab:

<https://soilhealthlab.cals.cornell.edu/>

Manual from Cornell – Comprehensive Assessment of Soil Health

<https://soilhealth.cals.cornell.edu/manual/>

SoilWeb Resources for “native soil” info

<https://casoilresource.lawr.ucdavis.edu/gmap/>

<https://www.nrcs.usda.gov/resources/data-and-reports/web-soil-survey>

<https://websoilsurvey.nrcs.usda.gov/>

Soil Testing

<https://www.finegardening.com/project-guides/fruits-and-vegetables/how-to-start-a-vegetable-garden-testing-your-soil>

<https://soilhealthlab.cals.cornell.edu/testing-services/soil-sample-collection/>

**Plant Lists:**

Plants for the “Hellstrip”

<https://www.finegardening.com/article/episode-21-hellstrip-plants>

<https://www.finegardening.com/article/plants-for-hot-and-dry-areas-of-the-garden>

Native Plants for Poor Soils

<https://www.finegardening.com/article/native-plants-that-do-well-in-poor-soils>

Cover Crops

<https://www.finegardening.com/project-guides/gardening-basics/how-to-use-cover-crops-to-improve-soil>

<https://www.finegardening.com/article/best-plants-for-cover-crops>

<https://www.finegardening.com/article/how-to-get-rid-of-cover-crops>

**Pests:**

Jumping Worms:

<https://www.finegardening.com/article/how-to-identify-and-remove-invasive-jumping-worms>

<https://www.finegardening.com/article/pest-control-for-the-northeast-jumping-snake-worms>